



ADULT COMMUNITY EDUCATION CENTER

Serving Anderson County Districts 3, 4, & 5

Rhonda Bradshaw, *Coordinator*
Dr. Jonathan Jennings, *Director*

2005 North Main Street, Anderson, SC 29621
864-231-1781

Spring 2006

- LANGUAGE -

Sign Language (Session 1 A)

This interactive class will assist you in developing communication skills with the hearing impaired. Thursdays, March 2, 9, 23, 30, April 6, 13. 6:30-8:00 pm. \$50.00 per person. Adult Education Center. **Annette Beard**, Instructor.

Spanish I (Monday)

Learn the basics of conversational Spanish. Class will include grammar, vocabulary, and correct pronunciation. Mondays, Feb 13, 20, 27, March 6, 20, 27. 6:30-8:30 pm. \$50.00 per person. Adult Education Center. **Mariela Damewood**, Instructor.

Spanish I (Wednesday)

Class description same as above. Wednesdays, Feb 15, 22, March 1, 8, 22, 29. 6:30-8:30 pm. \$50.00 per person. Adult Education Center. **Mariela Damewood**, Instructor.

- MONEY MATTERS-

Life Without Debt?

If you are like most people, you are drowning in debt. This class will offer a workable strategy to assist you in finding financial freedom. You will be guided down a new path for spending, saving, and handling money. Imagine, life without debt. Tuesdays, Feb 21, 28, March 7, 21, 28, April 4. 6:30-8:30 pm. \$25.00 per person. Adult Education Center. **Debbie Sloan**, Instructor.

**Friends of
Community Education**

Thank you for your
generous support of
LIFELONG LEARNING.

- Anderson Area Medical Center
- Anderson County Council
- Drs. Rajeev and Ravinder Malik
- Dr. Richard Fox
- Mr. Cordes Seabrook
- Ms. Kay McKee
- Mrs. Lynn Kay
- Hanna-Westside Extension Campus
- T.L. Hanna High School
- Westside High School
- Lakeside Middle School
- McCants Middle School
- Southwood Middle School
- Homeland Park Elementary
- McLees Elementary
- Nevitt Forest Elementary
- Whitehall Elementary

- MIND AND BODY -

Massage: Do It At Home!

Just 10 minutes with skilled hands can make a difference. Learn neck, shoulder, and back techniques that will ease stress, alleviate headache pain, or just give a great gift of relaxation. Classmates will practice on each other. Bring a pillow, blanket or mat, and wear comfortable clothes. Tuesdays, Feb 21, 28, March 7, 21, 28, April 4. 6:30-8:30 pm. \$40.00 per person or \$70.00 per couple. Adult Education Center. **Jesús Garcia, BS, L.M.T. MMP**, Instructor.

The Phil Little School of Karate will offer a "Special One Time Women's Self Defense Program"

, through the Adult Education Center. "You need no prior experience to participate". This program will consist of Kick Boxing Techniques, Hold Breaks, Awareness Drills and Simple effective Personal Safety / Self Defense moves that you will remember. One thing we forgot to mention...this will be FUN!! \$50.00 per person. Tuesdays and Thursdays, Feb 7, 9, 14, 16. 5:00-6:00 pm. Location of class is at the National Guard Armory on Mall Road and Matthews Street across from Whitehall School. Come in the front entrance door by the flag pole. This class will be taught by: Grandmaster **Phil Little himself, 10th Degree Black Belt.**

The Anderson Adult Education Center offers the best choices for personal enrichment and special interest classes. Take advantage of reasonable prices and convenient times. Enjoy learning from local instructors and gain knowledge in a constructive environment.

Spring 2006 Class Names

SPECIAL INTEREST

- Can Do Cooking
- Diabetes Education
- If You Want To Write
- Speak For Success

MIND AND BODY

- Massage: Do It At Home!
- Women's Self Defense Program

DANCE

- Beginners Ballroom Dance
- Intermediate Ballroom Dance
- Shag I
- Shag II
- Tango

MONEY MATTERS

- Life Without Debt?

LANGUAGE

- Sign Language (Session 1A)
- Spanish I (Monday)
- Spanish I (Wednesday)

ART

- Arranging Flowers The Natural Way
- Scrapbooking
- Watercolors

- DANCE -

Beginners Ballroom Dance

Develop an interest that will last a lifetime. Have fun learning the waltz, swing, foxtrot, and more. Mondays, Feb 27, March 6, 27, April 3, 10, 17. 6:15-7:15 pm. \$40.00 per person or \$70.00 per couple. Whitehall Elementary Gym. **Dennis Adams**, Instructor.

Intermediate Ballroom Dance

Improve your steps with a dance that fits all occasions. This class is for those who already know the basics and are interested in learning more. Mondays, Feb 27, March 6, 27, April 3, 10, 17. 7:30-8:30 pm. \$40.00 per person or \$70.00 per couple. Whitehall Elementary Gym. **Dennis Adams**, Instructor.

Shag I

Enjoy your next social event with confidence! Learn the basic steps and enjoy this special dance of the South. Tuesdays, Feb 21, 28, March 7, 21, 28, April 4. 7:00-8:00 pm. \$40.00 per person or \$70.00 per couple. Whitehall Elementary Gym. **Maggie Weathers / Jody Beusse**, Instructors.

Shag II

This class is for students who know the basic steps but want to add more to their grace and smoothness. Tuesdays, Feb 21, 28, March 7, 21, 28, April 4. 8:00-9:00 pm. \$40.00 per person or \$70.00 per couple. Whitehall Elementary Gym. **Maggie Weathers / Jody Beusse**, Instructors.

Tango

One of the most loved dances of all times. If you enjoy music and want to dance, then don't miss this class. Thursdays, Feb 23, March 2, 9, 23. 7:00-8:00 pm. \$30.00 per person or \$50.00 per couple. Whitehall Elementary Gym. **Randy Spearman**, Instructor.

- ART -

Arranging Flowers The Natural Way

Come prepared to have fun creating arrangements and learn the basics of flower design. Thursdays, Feb 23, March 2, 9, 23, 30, April 6. 6:30-8:30 pm. \$50.00 per person plus supplies. Westside High School. **Patty Bennett**, Instructor.

Scrapbooking

A fun workshop including borders, seasons, themes, and organization of your treasured pictures...for beginners and experienced students. Thursdays, Feb 23, March 2, 9, 23, 30. 6:30-8:30 pm. \$35.00 per person plus supplies. Westside High School. **Nan Rutland**, Instructor.

Watercolors

Create an heirloom. Beginners and those with experience come and learn style, techniques, and other essentials used in this art form. Tuesdays, Feb 21, 28, March 7, 21, 28, April 4, 11, 18. 1:30-3:30 pm. \$65.00 per person plus supplies. Adult Education Center. **Gale McKinley**, Instructor.

- SPECIAL INTEREST -

Can Do Cooking

Anyone can cook. Cooking can and should make you feel good about yourself. Smell and taste ingredients as you go. Learn about food and flavor by tasting your way through many different types of recipes. This course will teach you how to play matchmaker to your palate and to associate flavors and textures that complement one another. Learn how to cook quick and easy recipes. Tuesdays, Feb 21, 28, March 7, 21, 28, April 4. 6:00-8:00 pm. \$60.00 per person (supplies and meals included). Hanna-Westside Extension Campus. **Jenny O'Brien**, Instructor.

Diabetes Education

You've been diagnosed with diabetes. Chances are you have a million questions running through your head. This class will help answer those questions and offer you the basic information to manage your diabetes. Thursdays, Feb 23, March 2, 9, 23, 30, April 6. 6:30-7:30 pm. \$50.00 per person. Adult Education Center. **Donna Burroughs, Certified Diabetes Educator with Primary Care Associates**, Instructor.

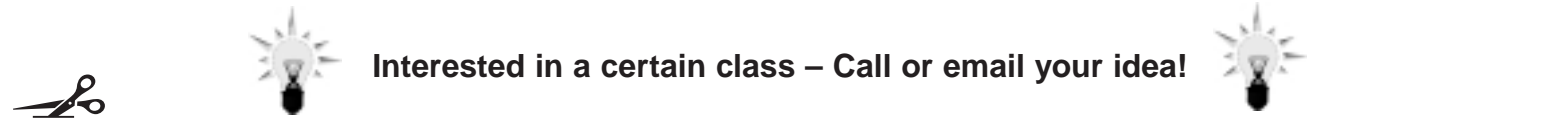
If You Want To Write...

This class will explore the art and craft of creative writing through instruction, writing exercises, and group discussion. Participants will learn to sharpen their writing skills and how to submit manuscripts for publication. Mondays, Feb 20, 27, March 6, 20, 27. 6:30-8:00 pm. \$30.00 per person. Adult Education Center. **Harriett Richie**, Instructor.

Speak For Success

This class is an excellent opportunity to develop your communication strengths. It will provide you with strategies to emphasize listening skills, improve speaking skills, determine causes and effects of communication behaviors, and explore different types of speeches. Wednesdays, Feb 22, March 1, 8, 22, 29. 6:30-8:30 pm. \$45.00 per person. Adult Education Center. **Dick Schmidt**, Instructor.

*Looking to sharpen
your computer
skills...
Call 260-5075
for our ongoing
computer schedule.*



Registration for Anderson Community Education Class

Name: _____ Date: _____

Address: _____

Phone #: _____ E-mail: _____

Class Name: _____ Amt. Enclosed: _____

Mail it in:



Anderson Adult Education Center
C/O Rhonda Bradshaw
2005 North Main Street
Anderson, SC 29621



Phone it in
864-231-1781
Rhonda Bradshaw



Click it in
rhondabradshaw@anderson5.net